

Leading Through Tough Times

Proven Methods to Adapt and Achieve Higher Productivity

Workshop Overview

Broadly speaking, mental health in Hong Kong has been on the decline over the past nine months. The psychological impact of prolonged social unrest, a faltering economy and fear of deadly contagion is taking its toll on many. Still, there are those that hold their heads high, carry on and will emerge successfully from this chapter, ahead of others. What is their secret? How can managers set the right tone and pace in their organisations to rise above adversity and achieve higher performance? What must they do to turn collective pain into emotional gain?

Topics to be Covered

In this highly engaging workshop participants will learn through a mixture of academic theory, individual and group exercises, established best practices and easy to grasp techniques how best to:

- Think and adapt in an era of unparalleled disruption
- Understand the dynamics and drivers of behaviour
- Assess and evaluate personal and organisational vulnerabilities
- Manage their own emotions and those of others
- Address and resolve differences to take control of the situation
- Employ the 'ABC Model' to turn challenges into opportunities
- Prioritise personal, team and organisational goals
- Develop a realistic plan for immediate execution

Designed for

Managers at all levels

Date & Time

Tuesday, 10 November 2020
9:00 am – 5:00 pm

Fees (Inclusive of tea/coffee breaks)

HKMA member: HK\$2,800
Non-member: HK\$3,200

Venue

The Hong Kong Management Association
1-6/F First Commercial Building
33-35 Leighton Road
Causeway Bay HONG KONG

Enquiries

For course details: Ms Winnie Co 2774 8594
Email: winnieco@hkma.org.hk
For general enquiries & registration: 2774 8500 / 2774 8501 Email: hkma@hkma.org.hk

Instructors:



Adrian Overholser

- CEO, HALO Learning Works
- 25 years of broad-based financial services and marketing experience in US, Europe and Asia
- Former banker, marketing director and regional sales manager



Totti Karpela

- 20-year career teaching management of problematic behaviour, risk mitigation and resilience
- Certified Threat Manager and Certified Europe Threat Assessment Professional

[Register Now](#)

Application Form

Leading Through Tough Times

SG-47656-2020-1-FC Tuesday, 10 November 2020

FEES: HKMA Member: HK\$2,800

Non-member: HK\$3,200

Name (Mr / Ms): _____
(Surname) (Other Names)

HKID Card No. (For verification of the applicant's identity): _____ HKMA Membership No.: _____

Position: _____

Company: _____

Address of Company: _____

Job Function (e.g. Accounting), please specify: _____

Nature of Business (e.g. Retail), please specify: _____

Telephone No. (Office): _____ (Residence): _____ (Mobile): _____

Email: _____

Correspondence Address: _____

Cheque Number: _____ Cheque Amount: HK\$ _____

Name and Title of Nominator (Mr / Ms): _____

Nominator Email / Address: _____

Sponsorship Company-sponsored Self-sponsored

Education Level: Doctoral degree Master's degree Bachelor's degree HKMA Diploma

Other Diploma Matriculation F. 5 / HKDSE Others (Please specify): _____

Where did you **FIRST** learn about this programme?

Email Promotion from HKMA Direct Mail by Post

HKMA Website Others (please specify): _____

Note for application

- This form together with a crossed cheque payable to The Hong Kong Management Association should be returned to:
Executive Director, The Hong Kong Management Association, 16/F Tower B Southmark, 11 Yip Hing Street, Wong Chuk Hang, Hong Kong.
- Registration must be made on the Enrolment Form provided and returned to the Association before the programme commencement date (Not less than 5 days) with full fee.
- Acceptance is subject to the discretion of the Association.
- Applicants will be notified by telephone to confirm receipt of the application form and full programme fee. An official receipt will be sent to you within two weeks.
- Applicants are expected to attend the course at the place and time specified in the brochure unless otherwise notified.
- When a programme is over-subscribed, additional classes may be started in some cases. Applicants may then be notified of the new time, dates and place of meetings when necessary.
- For **ENROLMENT** and **ENQUIRIES** please call **2774-8501 / 2774 8500** (Customer Service Department) during normal office hours or fax **2365-1000**.
- No refund will be made after payment, but participants can arrange to have their places substituted should they be unable to attend the programme by notifying the Association at least 2 days prior to programme commencement.
- Fax reservations are welcome but are subject to confirmation by payment in full within 10 days of the date the reservation is made or 5 days prior to programme commencement, whichever is sooner.
- Applications, upon full payment, will be processed on a first-come first-served basis.
- When Typhoon Signal No.8 or above is in force during classes/examinations, all classes and examinations will be dismissed immediately. Replacement classes and remedial examinations will be arranged. When Black Rainstorm Warning is in force during classes/examinations, all classes and examinations will be held as scheduled.
- The HKMA reserves the right to make alterations regarding the details. For course details, please contact Customer Services Department on 2774-8501 / 2774 8500 or Ms Winnie Co on 2774-8594. Website: www.hkma.org.hk
- The HKMA supports the equal opportunities policy, without discriminating against any person on the grounds of gender, disability, family status or any other basis.

Personal Data Collection Statement

1. The personal data of applicants are collected and kept for purposes of processing of applications of course enrolment, course admission, student and member administration, course research and statistical matters.
2. Applicants wishing for access to and/or correction of personal data may send their written requests to the Association.

The personal data provided in this form will be used by the Association for direct marketing, including special offers, training and education programmes, awards and competitions, membership, alumni, promotional activities and other services and activities that it may arrange.

Please tick the box to indicate your consent.

Please tick the box to indicate your objection.

Notes

1. I understand that all handout materials obtained in class are strictly for my own educational purposes.
2. I have understood all the "Notes for Application" listed in Application Form.

Applicant's Signature: _____ Date: _____